

Attention Veterans

DEALING WITH PTSD? WANT TO GET TREATMENT FROM HOME?

What is PTSD?

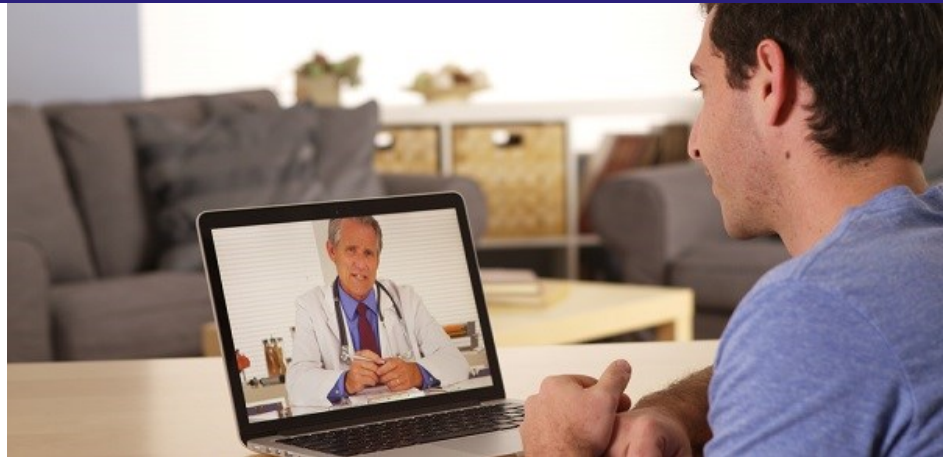
Posttraumatic Stress Disorder (PTSD) can occur after someone goes through a traumatic event like combat, assault, or a disaster. Most people have some stress reactions after a trauma. If the reactions don't go away over time or disrupt your life, you may have PTSD.

**CALL UPTOWN
FAMILY PRACTICE AT
864.229.4446**



VA | Ralph H. Johnson
VA Medical Center

South Carolina Office of
Rural Health



Home-based Tele-Mental Health is the delivery of mental health services directly into a Veteran's home through real-time, interactive video conferencing software. The mission is to provide faster and more convenient access to care for Veterans. Sessions are conducted on a secure and encrypted line to ensure privacy.

The Charleston VA was the first VA facility to offer home-based, Tele-Health delivered, evidence-based psychotherapy for depression and PTSD. Now, the Charleston VA has an entire team of clinicians solely dedicated to providing Tele-Mental Health services.

There are many benefits for Veterans which include:

- Reducing/eliminating your symptoms which resulted from a trauma
- Access to timely mental health care
- Reduced travel time & costs to and from appointments
- Seeing your provider in the comfort of your own home